NE District LWP Meeting Minutes

June 2, 2017

1. Meeting began at the Macon County Health Department at 10 am.
2. Lisa Schlientz began the meeting with the introduction of the Hygeia breastpumps and kits.

* The new kits that will be available will work with both Medela and Hygeia pumps. However, the Medela kits we have now will NOT work on Hygiea pumps. If you did not order enough Hygeia kits or need filters to work with the Hygeia pumps, email Lisa at [Lisa.Schlientz@health.mo.gov](mailto:Lisa.Schlientz@health.mo.gov) for assistance.
* Medela Pump (Hygiea kit)
* The piston will work in the same manner as the one in the Medela kits, it is orange and gray in color.
* Tubing is more flexible.
* Kit includes: 4 flange connectors, 4 flanges (medium & large), duckbill valve and offset valve. (Duckbill valve = more milk when pumping, offset valve = less backflow of milk into tubing with active letdown or large supply). Two hoses, 4 bottles and bottle covers, 2 adapters for narrow bottles, Hygeia filter, lactina type piston and connector.
* The bottles are larger than those in the medela kits. Adaptors for other bottles are included as well as bottle covers.
* Hygeia Pumps
* Pump kits are simple to install, similar to placing kits on personal medela pumps.
* Client can control speed and pressure on the pump.
* There is a white piece on the front of the Enjoye pump that you can flip up and it will hold the bottles after pumping.
* There is a filter located on the front of the pump, this is what allows the pump to be a “closed system”. The filter will need to be changed if it becomes yellow or gets wet.
* Question was asked: “How long do the filters last before needing replaced?” Answer: During the pilot study, no filters needed to be replaced. Tip: Save extra filters from kits used on Medela pumps to have as extras.
* Hand Pumps
* Narrow neck bottle, duckbill valve is different than on the multi-user pump.
* One stage expression
* Pressure Gauge
* It is highly recommended that agencies either purchase a pressure gauge or share gauges with other agencies.
* Pressure gauges allow agencies to check breast pumps for the amount of suction they are producing.
* To use the pressure gauge: Be sure to set the pump up for single pumping, place gauge in flange holding it in as tightly as possible, place pump on high, gauge should read about 250 psi.
* If a pump reads 100-150 psi on maximum setting it is probably still usable, however set it back to use for emergencies only. If pump reads below 100 psi it should be discontinued.
* If a mom informs you that they are using a used pump, have them bring it in to have the psi checked. (Single user pumps are only meant to be used once, suction decreases with continued use.)(Offer mom a WIC pump or clean parts)
* This is a useful tool: <http://www.oregon.gov/oha/ph/HealthyPeopleFamilies/wic/Documents/bf/PressureGaugeHowTo.pdf>

III. Mark distributed equipment requested from agencies. (Ex. measuring boards, length sticks etc.)

* There was information about formula approvals in the May 30 update. If you have questions about how to get special formula approved when a nutritionist or CPA is unavailable please call state office.
* Mark and Ann introduced Gwen Sullentrup, she is filling in for Betty until her position is filled.
* Be sure to call the central office for direct shipment of formulas.
* Gwen informed the group that there will be clarification updates on the new MOWINS release that will be happening 9/1/17.

IV. Lee Falk presented on the WIC Development Milestones Program:

* This is a WIC specific program to help parents and caregivers recognize development milestones and concerns.
* Agencies can sign-up online, the program is available immediately
* Video was shown to the group about the program and how it can be implemented into the certification process.
* The video can be accessed online
* Website:

<http://health.mo.gov/living/families/wic/wiclwp/wicdevelopmentalmilestonesprogram>

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